

Rocky Mountain Manor

November 15, 2022

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Cost-of-Living Adjustment (COLA)

Social Security and Supplemental Security Income (SSI) benefits will increase 8.7% percent in 2023. The 8.7% percent cost-of-living adjustment (COLA) will begin with benefits payable to Social Security beneficiaries in January 2023. Increased payments to SSI beneficiaries will begin on December 31, 2023. (Note: some people receive both Social Security and SSI benefits.)

Holiday Closures

The **Manor Office** will be closed as follows:

Thursday, November 24, 2022~ Thanksgiving

Sunday and Monday, December 25 and 26, 2022 ~ Christmas

Sunday and Monday, January 1 and 2, 2022 ~ New Year's

The **Senior Center** will be closed as follows:

Thursday and Friday, November 24 and 25, 2022 ~ Thanksgiving

Monday, December 26 and 27, 2022 ~ Christmas

Monday, January 2, 2022~ New Year's

Resident Meetings

Thank you for attending the meetings on October 24, 2022. We covered a lot of important information and your participation was greatly appreciated. If you were not available to attend the meeting, one of the topics you need to be aware of is the upcoming 2023 COLA increase and how that could affect your income calculations for your HUD rental assistance. Please bring Cindy a copy of your award letter as soon as you receive it. You

should be receiving them in the mail sometime in November or early December.

Upcoming Birthday's

Donna Holder ~ December 04

Jerry Linsdau ~ December 12



Community Thanksgiving Dinner

The community Thanksgiving Day meal will be on **Thursday, November 24, 2022, from 11:00 a.m. to 1:00 p.m. at the Park County Fairgrounds in Heart Mountain Hall.** Transportation is available if needed. There is no cost to participate but donations are welcomed. **For more information call 307-250-2177.** This dinner is made possible by the cooperation of local churches, individuals, and businesses serving our community.

For residents who are not able to go over to the community dinner at the fairgrounds, Cindy will be coordinating a box lunch in the dining room. A sign-up sheet is located at the front desk. Please clearly mark the sign-up sheet indicating your Thanksgiving Day plans.



Laundry Room

Just an update on the new washer and dryer. The coin amount was not set for the \$1.00 from the factory before shipping. We are working on getting that corrected. We apologize for the inconvenience.

Christmas Fest – Powell Chamber of Commerce 2021

Sample the Season – Thursday, Nov. 17 ~5-8 pm

Cocoa & Caroling – Friday, Dec. 2 ~5:30 pm

Vintage Camper Tour – Friday, Dec. 2~ 5:30 & Sat. Dec. 3 ~2pm - 4pm

Downtown Ent. - Saturday Dec. 3 ~10am - 12pm
Holiday Crafts for Kids – Saturday, Dec. 3 ~1pm -3pm
Visit Santa – Saturday, Dec. 3 ~2pm – 4pm
Lighted Parade – Saturday, Dec. 3 ~5:30 pm



Rocky Mountain Manor Christmas Party
SAVE THE DATE

~ December 14, 2022, at 6:00 pm



**November 2022 Service Coordinator
Resource Connection**

Happy November! I recently participated in an online class that shared information about Medicare for 2023. I thought I would pass that information along to you. Starting January 2023, the cost for Medicare Part A (Hospital insurance) will be increasing. Interestingly, you will see a decrease in the cost for Part B (Medical insurance). Part D (prescription drug plan) will be going up as well. The presenter did not share what the increases and decreases would be. I just wanted you to be aware that there will be changes to each of them. Also, there will no longer be cost sharing for several vaccines (i.e. shingles, TDAP). Finally, for our diabetics, in 2023 the Inflation Reduction Act limits monthly out-of-pocket spending for insulin to \$35.

On a different note, I wanted to add a quick reminder about your medication list in the magnetic file on your fridge. If your prescription drugs have changed in any way, please put a new updated list in your file. Your doctor or your pharmacy can print a list for you. We are happy to make copies as needed! Update your medication list in your magnetic file today!



Rex Bennion

October 28, 1930
~ November 07, 2022